





A Guide for Success









A Recess Before Lunch Policy Implementation Guide

By the Montana Team Nutrition Program Office of Public Instruction School Nutrition Programs September 2003

Food Safety section updated December 2008



This booklet, also available electronically on the Montana Office of Public Instruction School Nutrition Programs Web site, **www.opi.state.mt.us/schoolfood/index.html**, provides a variety of information to assist schools in initiating a Recess Before Lunch (RBL) policy. Please use the information as you see fit. Camera ready promotional materials are included. State agency staff is willing to assist you in learning more about RBL. Please contact either of the following offices for assistance.

For more information contact

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